

**\*\*\*NEWS RELEASE\*\*\***

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## **Raising young women who can defend their faith: *AHG* equips girls to know *why* they believe**

*'It's more important than ever for parents and guardians to equip girls with the tools necessary to stand firm in their faith,' declares AHG's Rachael Culpepper*

**CINCINNATI, Ohio** — Despite years of worrying about the spiritual future of today's youth, some pastors have [reported seeing an increase in church attendance](#) from young adults who have never been to church before. This surge in religious fervor is sparking hope for Christian parents and leaders alike, with many looking for help guiding the next generation towards firm Biblical values.

As America's youth are experiencing a spiritual revival and are hungry to learn about Jesus, *American Heritage Girls (AHG, [www.americanheritagegirls.org](http://www.americanheritagegirls.org))*, the nation's premier Christ-centered scout-type organization for girls ages five to 18, is meeting girls where they are with the Gospel, helping them develop a biblical worldview through a faith-based, scout-type character development program. For over three decades, *AHG* has equipped girls and their families with carefully curated tools designed to foster faith and Biblical knowledge, such as [AHG's "Raising Godly Girls Guide to a Biblical Worldview,"](#) a powerful tool for parents and loved ones as they set out to root their girls in His Word and live a Godly life.

*"When it comes to framing a girl's comprehension of her role as a young woman of faith, a biblical worldview shapes the way she understands herself, her purpose in the world, and how she can influence an unholy world for Christ using the God-given gifts bestowed upon her," said AHG Executive Director Rachael Culpepper. "Today's society is desperate to lure girls away from God's truth and corrupt their spirits, which is why it's more important than ever for parents and guardians to equip girls with the tools necessary to stand firm in their faith.*

*"Confusion, questioning and doubt — they are all taking center stage in the daily cultural happenings of society. But with a biblical worldview comes a steady, unwavering and unchanging understanding of Truth. The 'Raising Godly Girls Guide to Biblical Worldview' is a powerful tool in your parenting toolbox as you set out to root your girl in His Word and live a Godly life."*

*AHG* Founder and Executive Director Emeritus Patti Garibay sat down with Dr. Jeff Myers, apologist and President of Summit Ministries, on a recent episode of the [Raising Godly Girls \(RGG\) podcast](#). A specialist in guiding families into confidence so they can raise well-equipped kids whose faith tracks throughout their lives, Dr. Myers dissects the shaky faith foundation today's girls are facing and informs listeners that apologetics is worth the effort to learn and practice well, but doesn't require expertise or many college degrees. Through

natural questions, cueing conversations, and keeping an ongoing connection with kids, Dr. Myers encourages parents to faithfully embrace their place as primary disciplers of their girls.

For more information about *AHG's "Raising Godly Girls Guide to a Biblical Worldview,"* [click here](#).

Tune in to this week's ["Raising Godly Girls \(RGG\) podcast"](#) and ["Raising Godly Girls"](#) one-minute [radio feature](#) to equip, affirm and strengthen parents and loved ones to develop a biblical worldview in their girls.

**About American Heritage Girls:** Marking the organization's 30<sup>th</sup> anniversary this year, [American Heritage Girls](#) was founded in 1995 by a group of parents who wanted a faith-based, scout-type character development program for their daughters. At *AHG*, girls ages five to 18 meet together as a unified group and then break out into Levels. This gives *AHG* girls the important social experience of interacting with friends and Godly mentors. Girl Members also learn leadership skills within a group setting. *AHG* Troops are located in [local communities](#) across the nation. If one does not exist in a given area, families are encouraged to start an *AHG* Troop. An *American Heritage Girls* Troop Development Coach is available to provide resources and support. To hear more about the purpose, mission and vision of *AHG* from *Founder and Executive Director Emeritus Patti Garibay*, [click here](#).

Today, there are 70,000 members and 1,300 [Troops](#) in all 50 states, with girls being served in six countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the *AHG* program alongside their parents. [Charter Organizations](#) include a variety of Christian denominations, Christian schools and Catholic outreach. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors and have more fun than they can imagine.

*AHG* offers various resources under ["Raising Godly Girls,"](#) including a [weekly podcast](#) featuring fresh episodes every Tuesday, Thursday and Saturday, ["Raising Godly Girls Minute" with Patti Garibay](#) one-minute radio feature airing on 1000+ Christian radio stations nationwide, a blog, and e-books for parents. All ["Raising Godly Girls"](#) platforms and materials offer guidance and biblically-based advice on various topics affecting girls today, such as bullying, identity, anxiety and body image issues. ["Raising Godly Girls"](#) provides parents, educators and faith community leaders with tools, resources and Scripture-based advice to help raise girls after God's own heart.

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To schedule interviews with *Patti Garibay, executive director emeritus of American Heritage Girls,* or *Rachael Culpepper, executive director of American Heritage Girls,* contact Hamilton Strategies, [Media@HamiltonStrategies.com](mailto:Media@HamiltonStrategies.com), Beth Bogucki, 610.584.1096 ext. 105, or Jeff Tolson, ext. 108.

To inquire about airing the ["Raising Godly Girls Minute" with Patti Garibay](#), contact [Michael Hamilton](#), 610.584.1096, ext. 101.