

*****NEWS RELEASE*****

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***AHG* celebrates God-given femininity as culture seeks to redefine it**

‘Empowering our daughters to live in the truth of their God-given femininity starts with first forming steadfast faith in Christ,’ says AHG Executive Director Rachael Culpepper

CINCINNATI, Ohio — Today’s adolescents are facing trials that previous generations would never have imagined. Experts are growing increasingly concerned about the [rising number of teens reporting gender dysmorphia](#), often fueled by the prominent push towards the [LGBTQ+ agenda](#) peddled by today’s fallen culture. This confusing rhetoric can be intimidating for parents to navigate, with many unfamiliar with the nuances their children are facing.

In the face of a culture that blurs the line between masculine and feminine, *American Heritage Girls (AHG, www.americanheritagegirls.org)*, the nation’s premier Christ-centered scout-type organization for girls ages five to 18, guides girls to understand God’s design for them as young women of God and the important role they play in His Kingdom. In a world that seeks to undermine and destroy God’s perfect plan for His children, *AHG* actively encourages girls to celebrate what makes their femininity through extensive resources, such as Badges, the [Raising Godly Girls \(RGG\) podcast](#), and particularly *AHG*’s [“A Raising Godly Girls Guide to Gender & Identity”](#), a powerful e-book that gives parents and loved ones the knowledge, tools and Scripture-based advice to speak truth on gender and identity and, in turn, raise up a Godly girl.

“Scripture tells us time and again that God created us with meaning and without mistake,” commented AHG Executive Director Rachael Culpepper. “In Jeremiah, we learn that God knew each of us before we were conceived in our mother’s womb. In the Psalms, we’re reminded that before we even speak, God knows the words on our tongues. In Galatians, we’re affirmed that each of us was set apart for God’s glory. This concept of ‘gender fluidity’ isn’t something we can ignore. It’s up to us to teach girls that real self-love is acceptance that God has masterfully created her, in this body, in this time, for a purpose.”

This week on the [Raising Godly Girls \(RGG\) podcast](#), parents and loved ones can embark upon a journey to understand God’s design for girls’ bodies, find freedom in God’s design for both sexes, and raise gender-confident girls in a world steeped in confusion. *AHG* Founder and Executive Director Emeritus Patti Garibay, welcomed Dr. Kathy Koch to the podcast to talk about ways parents and loved ones can raise gender-confident girls in a world steeped in confusion. Even when the culture says that Scripture is antiquated and oppressive, girls can embrace the clarity, purpose and peace God offers us through His Word.

“The gender identity of today’s girls is one of the most difficult spiritual battlegrounds on which today’s families struggle. The world tells our children that a girl’s identity lies in who she says she is or isn’t — that

the ability to determine her core essence depends on her own fragile understanding to decide. Empowering our daughters to live in the truth of their God-given femininity starts with first forming steadfast faith in Christ,” declared Culpepper.

Tune in to this week’s [Raising Godly Girls \(RGG\) podcast](#) and “*Raising Godly Girls*” one-minute [radio feature](#) to equip, affirm and strengthen parents and loved ones to raise gender-confident girls in a world steeped in confusion.

About American Heritage Girls: Marking the organization’s 30th anniversary this year, [American Heritage Girls](#) was founded in 1995 by a group of parents who wanted a faith-based, scout-type character development program for their daughters. At *AHG*, girls ages five to 18 meet together as a unified group and then break out into Levels. This gives *AHG* girls the important social experience of interacting with friends and Godly mentors. Girl Members also learn leadership skills within a group setting. *AHG* Troops are located in [local communities](#) across the nation. If one does not exist in a given area, families are encouraged to start an *AHG* Troop. An *American Heritage Girls* Troop Development Coach is available to provide resources and support. To hear more about the purpose, mission and vision of *AHG* from *Founder and Executive Director Emeritus Patti Garibay*, [click here](#).

Today, there are 70,000 members and 1,300 [Troops](#) in all 50 states, with girls being served in six countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the *AHG* program alongside their parents. [Charter Organizations](#) include a variety of Christian denominations, Christian schools and Catholic outreach. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors and have more fun than they can imagine.

AHG offers various resources under [“Raising Godly Girls,”](#) including a [weekly podcast](#) featuring fresh episodes every Tuesday, Thursday and Saturday, [“Raising Godly Girls Minute” with Patti Garibay](#) one-minute radio feature airing on 1000+ Christian radio stations nationwide, a blog, and e-books for parents. All *“Raising Godly Girls”* platforms and materials offer guidance and biblically-based advice on various topics affecting girls today, such as bullying, identity, anxiety and body image issues. *“Raising Godly Girls”* provides parents, educators and faith community leaders with tools, resources and Scripture-based advice to help raise girls after God’s own heart.

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To schedule interviews with *Patti Garibay, executive director emeritus of American Heritage Girls,* or *Rachael Culpepper, executive director of American Heritage Girls,* contact Hamilton Strategies, Media@HamiltonStrategies.com, Beth Bogucki, 610.584.1096 ext. 105, Dawn Foglein, ext. 100, or Jeff Tolson, ext. 108.

To inquire about airing the [“Raising Godly Girls Minute” with Patti Garibay](#), contact [Michael Hamilton](#), 610.584.1096, ext. 101.