

*****NEWS RELEASE*****

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***AHG* comes alongside moms and daughters to instill a love of Christ and make an eternal impact**

‘AHG was founded on a mother’s love for her daughters, as I sought to instill positive Christian values through fun, outdoor scouting’

CINCINNATI, Ohio — The relationship between a mother and daughter is [one of the most formative features of a young woman’s life](#). For many daughters, their mother is both a source of love and a role model (for better or for worse). She is someone who will shape beliefs, self-image and a daughter’s emotional well-being. For Christian mothers, [inspiring a love for Christ](#) is a primary goal, but it can be challenging without the support and guidance of fellow women of faith. That’s why *American Heritage Girls (AHG, www.americanheritagegirls.org)*, the nation’s premier Christ-centered scout-type organization for girls ages five to 18, offers a strong, Biblically sound curriculum for girls and their mothers to help foster positive, Biblical bonds.

“Daughters naturally look up to their mothers for guidance and to set an example,” said AHG Founder and Executive Director Patti Garibay. “This is a daunting challenge for any mother — but for Christian mothers, the burden runs even deeper. We long to raise daughters whose faith is not only shaped within our homes but rooted so firmly in Christ that it will sustain them long after they leave our care. In a world that often overlooks the unique emotional and spiritual needs of girls, nurturing a girl’s relationship with Christ is not just part of her upbringing — it’s essential to the care of her soul, shaping her identity, confidence and sense of worth as a beloved daughter of God. This is why 30 years ago, AHG was founded on a mother’s love for her daughters who wanted this faith-based, scout-type character development program.”

Garibay spoke with Dr. Tim Elmore, founder and CEO of Growing Leaders, on the latest episode of *AHG’s [Raising Godly Girls podcast \(RGG\)](#)* to discuss how to raise confident, Christ-following young people to lead and serve in impactful ways. With a career rooted in mentoring alongside leadership expert Dr. John Maxwell, Dr. Elmore has dedicated his life to helping the next generation develop the skills and confidence they need to make meaningful contributions to Christ. In this empowering episode, Dr. Elmore and *Garibay* explore how Christian parents can nurture leadership skills in their daughters, even when they feel too young or inexperienced. They discuss practical ways moms can help their girls turn failures into valuable life lessons, growing resilience and trust in God’s plan.

“It’s easy for girls to think that they are too young and inexperienced to make a meaningful impact for the Kingdom,” said Garibay. “However, God revels in using the obedient, albeit ill-equipped, for His glory! The Bible is full of men and women who were unprepared but willing to submit to the Lord’s guidance — and look at the wonders they achieved! Today’s girls are capable of even more, and it is up to us as parents and mentors to inspire a heart that seeks Christ above all else.”

Tune in to this week's [Raising Godly Girls \(RGG\) podcast](#) and "[Raising Godly Girls](#)" one-minute [radio feature](#) to equip, affirm and strengthen those on the journey to inspire their daughters to make a difference for the Kingdom.

Marking the organization's 30th anniversary this year, *American Heritage Girls* was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At *AHG*, girls ages five to 18 meet together as [a single Troop](#) at the same time and then break out into Units by Levels. This gives *AHG* girls the important social experience of interacting with friends and godly mentors of various ages; members also learn leadership skills within a group setting. *AHG* Troops are located in [local communities](#) across the nation. If none exists in a given area, families can bring the *AHG* Program to their own area. An *American Heritage Girls* Troop Development Coach is available to provide resources to potential Charter Organizations and other families to form [a new Troop](#). To hear more about the purpose, mission and vision of *AHG* from *Founder and Executive Director Patti Garibay*, [click here](#).

Today, there are [Troops](#) in all 50 states and girls being served in six countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the *AHG* program alongside their parents. A variety of Christian denominations are also represented as [Charter Organizations](#) for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

AHG offers various resources under "[Raising Godly Girls,](#)" including a [weekly podcast](#), one-minute radio features, a blog, and guides for parents. All "[Raising Godly Girls](#)" platforms and materials offer guidance and Biblically based advice on various topics affecting girls today, such as bullying, identity, anxiety, and body image issues. "[Raising Godly Girls](#)" provides parents, educators, and faith community leaders with tools, resources, and Scripture-based advice to help raise girls after God's own heart.

AHG's podcast, "[Raising Godly Girls,](#)" features fresh episodes every Tuesday, Thursday and Saturday. Subscribe and follow on any major podcast platform or visit [raisinggodlygirls.com](#). Additionally, the "[Raising Godly Girls Minute](#)" with *Patti Garibay* airs on 1000+ Christian radio stations across the country.

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To schedule interviews with *Patti Garibay*, *founder and executive director of American Heritage Girls*, contact Media@HamiltonStrategies.com, Beth Bogucki, 610.584.1096 ext. 105, Dawn Foglein, ext. 100, or Jeff Tolson, ext. 108.

To inquire about airing the "[Raising Godly Girls Minute](#)" with *Patti Garibay*, contact [Michael Hamilton, 610.584.1096, ext. 101.](#)