

*****NEWS RELEASE*****

For Immediate Release
February 3, 2025

CONTACT:

Hamilton Strategies, Media@HamiltonStrategies.com, Beth Bogucki, 610.584.1096 ext. 105, Dawn Foglein, ext. 100, or Jeff Tolson, ext. 108

***AHG* instills deep Christian faith in girls amidst church hurts**

‘Being hurt by the church does not have to define a girl’s walk with God,’ declares AHG Founder Patti Garibay

CINCINNATI, Ohio — Despite the calling to be salt and light to the Earth, Christians often fall short of their heavenly mandate. Approximately [40 million Americans](#) have left churches and other religious institutions in the last 25 years due to personal grievances. [A decade ago](#), 63% of Americans claimed that religion was the most or one of the most important things in their lives; now, that number is down by over 10%.

For Christian families grappling with their standing in the church, ensuring that their children maintain a strong biblical worldview is vital. That’s why *American Heritage Girls* (*AHG*, www.americanheritagegirls.org), the nation’s premier Christ-centered scout-type organization for girls ages five to 18, offers a strong, biblically-sound curriculum that works in tandem with the church to help parents instill a biblical worldview in girls. Through service, outdoor adventure, and an innovative program that expands and progresses with a girl as she grows, *AHG* girls are equipped with the tools necessary to be a light in the darkness in today’s modern world.

“The Bible is clear: the church is not a building, but rather a people,” said AHG Founder and Executive Director Patti Garibay. “Unfortunately, we live in a sinful world where even believers stumble and fall, and these missteps can drive a wedge between a girl and her faith. AHG comes alongside parents and the church to provide a safe, encouraging space for girls to deepen their relationship with Christ no matter the hardships in their local church. Being hurt by the church does not have to define a girl’s walk with God.”

In the latest episode of the [Raising Godly Girls podcast \(RGG\)](#), *Garibay* sits down with bestselling author Carrie Sheffield to explore her journey from deception to deliverance. Sheffield shares how God’s grace transformed her pain into purpose, offering hope to those seeking healing from similar experiences. Together, *Garibay* and Sheffield discuss practical ways to raise discerning daughters who remain steadfast in their faith, even in the face of spiritual challenges. From the transformative power of prayer and Scripture to the importance of seeking Christian counseling, this episode offers valuable insights for moms navigating their own healing journeys while nurturing their daughters’ spiritual growth.

“Church hurt and spiritual deception can leave deep wounds, impacting not only our personal faith but also the spiritual well-being of our families,” commented Garibay. “It is urgent that parents — as well as leaders and other mentors — foster resilience in faith and emphasize the role of forgiveness in reestablishing trust within the church community.”

Tune in to this week's [Raising Godly Girls \(RGG\) podcast](#) and "Raising Godly Girls" one-minute [radio feature](#) to equip, affirm and strengthen those on the journey to guide their girls through overcoming spiritual deception and church hurt.

American Heritage Girls was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At *AHG*, girls ages five to 18 meet together as [a single Troop](#) at the same time and then break out into Units by Levels. This gives *AHG* girls the important social experience of interacting with friends and godly mentors of various ages; members also learn leadership skills within a group setting. *AHG* Troops are located in [local communities](#) across the nation. If none exists in a given area, families can bring the *AHG* Program to their own area. An *American Heritage Girls* Troop Development Coach is available to provide resources to potential Charter Organizations and other families to form [a new Troop](#). To hear more about the purpose, mission and vision of *AHG* from *Founder and Executive Director Patti Garibay*, [click here](#).

Today, there are [Troops](#) in all 50 states and girls being served in six countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the *AHG* program alongside their parents. A variety of Christian denominations are also represented as [Charter Organizations](#) for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

AHG offers various resources under "[Raising Godly Girls](#)," including a [weekly podcast](#), one-minute radio features, a blog, and guides for parents. All "*Raising Godly Girls*" platforms and materials offer guidance and biblically based advice on various topics affecting girls today, such as bullying, identity, anxiety, and body image issues. "*Raising Godly Girls*" provides parents, educators, and faith community leaders with tools, resources, and Scripture-based advice to help raise girls after God's own heart.

AHG's new podcast, "[Raising Godly Girls](#)," features fresh episodes every Tuesday, Thursday, and Saturday. Subscribe and follow on any major podcast platform or visit [raisinggodlygirls.com](#). Additionally, the "[Raising Godly Girls Minute](#)" with *Patti Garibay* airs on 1000+ Christian radio stations across the country.

###

To schedule interviews with *Patti Garibay*, *founder and executive director of American Heritage Girls*, contact Media@HamiltonStrategies.com, Beth Bogucki, 610.584.1096 ext. 105, Dawn Foglein, ext. 100, or Jeff Tolson, ext. 108.

To inquire about airing the "[Raising Godly Girls Minute](#)" with *Patti Garibay*, contact [Michael Hamilton, 610.584.1096, ext. 101](#).