

**\*\*\*NEWS RELEASE\*\*\***

For Immediate Release  
January 13, 2025

**CONTACT:**

Hamilton Strategies, [Media@HamiltonStrategies.com](mailto:Media@HamiltonStrategies.com), Beth Bogucki, 610.584.1096 ext. 105, Dawn Foglein, ext. 100, or Jeff Tolson, ext. 108

## **Turning strong wills into Christian confidence; AHG empowers parents to celebrate their daughters' gifts**

*'While her viewpoints and decisions might be baffling to us, these traits are what make today's girls best equipped to inspire real change for Christ in the years to come'*

**CINCINNATI, Ohio** — Scores of parents of young girls often wrestle with their daughter's strong-willed opinions with varying degrees of frustration. While these characteristics [might be a headache](#) as these girls are growing up, the determination and drive to succeed are key traits that can make a girl an effective and engaging leader. But how can parents best nurture their strong-willed daughter to ensure a confident, well-rounded and biblically centered woman in the future?

*American Heritage Girls* (AHG, [www.americanheritagegirls.org](http://www.americanheritagegirls.org)), one of the nation's premier Christ-centered scout-type organizations for girls ages five to 18, has been working with families and their girls for three decades. Through unique programming, AHG provides age-appropriate Christian adventure and hands-on learning that will nurture a girl's God-given curiosity, femininity and drive.

*"Today's girls are full of the ingenuity to lead others in ways that are unlike generations past," said AHG Founder and Executive Director Patti Garibay. "Their minds are wired differently, and they see the world through a unique lens. After all, girls today are raised in a world of smart and rapid-moving technology. While her viewpoints and decisions might be baffling to us, these traits are what make today's girls best equipped to inspire real change for Christ in the years to come. At AHG, we're inviting mothers and daughters to explore and embrace the God-given capabilities that make them warriors for His Kingdom, standing firm in faith and walking in their true calling."*

On the latest episode of AHG's [Raising Godly Girls \(RGG\) podcast](#), Garibay spoke with Beth Guckenberger, a co-executive director of Back2Back Ministries and the author of "Warrior of Eden." Throughout the conversation, Guckenberger brings her rich experience as a missionary, Bible teacher and mother of 11 children, offering invaluable insights on how parents can raise up the next generation of women warriors for God's Kingdom. This episode is full of inspiration, practical advice and encouragement for moms and daughters alike to live out their purpose with confidence, strength and faith.

*"When it feels like your girl will never give in, instead of feeling frustrated or defeated, thank God that He gave her the gifts and tools necessary to stand firm and be a warrior for Christ in this anti-Christian culture," commented Garibay.*

Tune in to this week's [Raising Godly Girls \(RGG\) podcast](#) and "Raising Godly Girls" one-minute [radio feature](#) to equip, affirm, and strengthen those on the journey to parenting strong-willed girls.

*American Heritage Girls* was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At *AHG*, girls ages five to 18 meet together as [a single Troop](#) at the same time and then break out into Units by Levels. This gives *AHG* girls the important social experience of interacting with friends and Godly mentors of various ages; members also learn leadership skills within a group setting. *AHG* Troops are located in [local communities](#) across the nation. If none exists in a given area, families can bring the *AHG* Program to their own area. An *American Heritage Girls* Troop Development Coach is available to provide resources to potential Charter Organizations and other families to form [a new Troop](#). To hear more about the purpose, mission and vision of *AHG* from *Founder and Executive Director Patti Garibay*, [click here](#).

Today, there are [Troops](#) in all 50 states and girls being served in six countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the *AHG* program alongside their parents. A variety of Christian denominations are also represented as [Charter Organizations](#) for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

*AHG* offers various resources under [“Raising Godly Girls,”](#) including a [weekly podcast](#), one-minute radio features, a blog, and guides for parents. All [“Raising Godly Girls”](#) platforms and materials offer guidance and biblically based advice on various topics affecting girls today, such as bullying, identity, anxiety, and body image issues. [“Raising Godly Girls”](#) provides parents, educators, and faith community leaders with tools, resources, and Scripture-based advice to help raise girls after God’s own heart.

*AHG’s* new podcast, [“Raising Godly Girls,”](#) features fresh episodes every Tuesday, Thursday, and Saturday. Subscribe and follow on any major podcast platform or visit [raisinggodlygirls.com](#). Additionally, the [“Raising Godly Girls Minute” with Patti Garibay](#) airs on 1000+ Christian radio stations across the country.

###

To schedule interviews with *Patti Garibay*, *founder and executive director of American Heritage Girls*, contact [Media@HamiltonStrategies.com](mailto:Media@HamiltonStrategies.com), Beth Bogucki, 610.584.1096 ext. 105, Dawn Foglein, ext. 100, or Jeff Tolson, ext. 108.

To inquire about airing the [“Raising Godly Girls Minute” with Patti Garibay](#), contact [Michael Hamilton, 610.584.1096, ext. 101](#).