

*****NEWS RELEASE*****

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***AHG and Raising Godly Girls* podcast reflect on powerful year of growth while preparing for new beginnings**

*‘As we stand on the threshold of a brand-new year, the **Raising Godly Girls** podcast invites you to pause, reflect, and look ahead with hope’*

CINCINNATI, Ohio — The start of a new year is a time to reflect on the past year while looking forward to the year ahead. As *American Heritage Girls* (AHG, www.americanheritagegirls.org), one of the nation’s premier Christ-centered scout-type organizations for girls ages five to 18, looks ahead to 2025, AHG proudly celebrates a year of service, leadership and growth for girls and their families.

“2024 was a year of remarkable evolution for AHG,” said AHG Founder and Executive Director Patti Garibay. “Hundreds of girls and their families joined our ranks, inviting opportunities to grow spiritually, make lifelong friends, experience adventure, and learn more about what it means to be a godly girl. Even as AHG celebrates three decades of Christian scouting, we are eager to see what the Lord has in store in the year to come!”

AHG’s [Raising Godly Girls \(RGG\) podcast](#) is highlighting the monumental victories from the past year while looking ahead to the goals for 2025 during “Reflection Week.” As the *Raising Godly Girls* podcast celebrates a full year of life-giving conversations, co-hosts Rachael Culpepper and Melissa Bearden take a heartfelt journey through 2024, reflecting on the lessons learned, the challenges faced, and the stories shared. This special episode captures the essence of godly girlhood, highlighting key traits like embracing a Christ-centered identity, living out a Biblical Worldview, and cultivating a personal relationship with God.

In addition to celebrating 2024 victories, Culpepper and Bearden look to the future of the organization as well as the podcast, highlighting important topics they’ll tackle in upcoming episodes: raising strong-willed girls, navigating relationships, promoting body positivity, building life skills, and fostering connections with differently-abled peers.

“As we stand on the threshold of a brand-new year, the Raising Godly Girls podcast invites you to pause, reflect, and look ahead with hope,” commented Garibay. “As we revisit powerful moments from the past year that have deepened our understanding of what it means to raise girls in God’s truth, 2025 is calling — and with it comes an incredible season of equipping and inspiring conversations.”

Tune in to this week’s [Raising Godly Girls \(RGG\) podcast](#) and “Raising Godly Girls” one-minute [radio feature](#) to celebrate 2024 and hear about all that is to come for AHG in 2025.

American Heritage Girls was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At *AHG*, girls ages five to 18 meet together as [a single Troop](#) at the same time and then break out into Units by Levels. This gives *AHG* girls the important social experience of interacting with friends and Godly mentors of various ages; members also learn leadership skills within a group setting. *AHG* Troops are located in [local communities](#) across the nation. If none exists in a given area, families can bring the *AHG* Program to their own area. An *American Heritage Girls* Troop Development Coach is available to provide resources to potential Charter Organizations and other families to form [a new Troop](#). To hear more about the purpose, mission and vision of *AHG* from *Founder and Executive Director Patti Garibay*, [click here](#).

Today, there are [Troops](#) in all 50 states and girls being served in six countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the *AHG* program alongside their parents. A variety of Christian denominations are also represented as [Charter Organizations](#) for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

AHG offers various resources under [“Raising Godly Girls,”](#) including a [weekly podcast](#), one-minute radio features, a blog, and guides for parents. All [“Raising Godly Girls”](#) platforms and materials offer guidance and biblically based advice on various topics affecting girls today, such as bullying, identity, anxiety, and body image issues. [“Raising Godly Girls”](#) provides parents, educators, and faith community leaders with tools, resources, and Scripture-based advice to help raise girls after God’s own heart.

AHG’s new podcast, [“Raising Godly Girls,”](#) features fresh episodes every Tuesday, Thursday, and Saturday. Subscribe and follow on any major podcast platform or visit [raisinggodlygirls.com](#). Additionally, the [“Raising Godly Girls Minute” with Patti Garibay](#) airs on 1000+ Christian radio stations across the country.

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To schedule interviews with *Patti Garibay*, *founder and executive director of American Heritage Girls*, contact Media@HamiltonStrategies.com, Beth Bogucki, 610.584.1096 ext. 105, Dawn Foglein, ext. 100, or Jeff Tolson, ext. 108.

To inquire about airing the [“Raising Godly Girls Minute” with Patti Garibay](#), contact [Michael Hamilton, 610.584.1096, ext. 101](#).