NEWS RELEASE

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CHRISTMAS DAY IS DECEMBER 25

AHG Founder Patti Garibay urges believers to find room for Christ in the inns of their souls this Christmas season

'Here in the depths of our souls there is plenty of room at the inn — room for Christ to fill the gaps and complete us as He desperately wants to do'

CINCINNATI, Ohio — Even with the best intentions, it can be easy to get caught in the hustle and bustle of the holiday season and forget the reason for the season. <u>Three-quarters of Americans</u> agree that most people have forgotten the true meaning of Christmas, with <u>the majority of people</u> focusing on the stresses and woes of the season instead of concentrating on the greatest gift of all.

The idea of not being prepared for the Christmas season begins with the very first Christmas itself, noted *American Heritage Girls (AHG, www.americanheritagegirls.org)* Founder and Executive Director Patti Garibay. Despite the coming of the savior of the world, there are so many things that distract humanity from this precious blessing.

"No room at the inn. Slammed door after slammed door. To me, these were chilling words," <u>said Garibay</u>. "As a child, I could not believe that the innkeeper could not find a couch or anything for this young couple ready to give birth. I mean, how cruel can you be? Saying no to a very pregnant woman on a donkey? Who does that?

"The issue at the inn was only the beginning for Jesus. The concept of being turned away would be one He would encounter throughout His short earthly life. He lived a life of being turned away by the majority. Have you ever played the role of the innkeeper turning away the Son of God? My guess is yes. I know I have. Whether intentional or not, many of us have no room for Jesus, especially at Christmastime. We know that the reason for the season is to celebrate Christ's birth, and we say that this is what we want to do. Yet, we get so busy with decorating, buying presents, baking cookies, attending pageants, and going to parties. It is not surprising that we imitate history and offer no room at the inn.

"But here's the thing: we all love Jesus, but is He our first love? If Jesus is truly our first love, our Beloved, then our hearts will yearn to spend time with Him. Here in the depths of our souls there is plenty of room at the inn — room for Christ to fill the gaps and complete us as He desperately wants to do. If we don't make a conscious effort to fill ourselves with the Holy Spirit, the drafty areas of our souls will allow the adversary to permeate.

"My prayer this season is for everyone to open their inn to Jesus — to not fear silence and solitude, but rather yearn for it, for it is there where we can encounter the cradle, the cross, and the Crown."

Tune in to this week's <u>Raising Godly Girls</u> (<u>RGG</u>) <u>podcast</u> and "<u>Raising Godly Girls</u>" one-minute <u>radio</u> <u>feature</u> to equip, affirm and strengthen parents and loved ones to help their girls make room for Jesus this Christmas.

American Heritage Girls was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At AHG, girls ages five to 18 meet together as a single Troop at the same time and then break out into Units by Levels. This gives AHG girls the important social experience of interacting with friends and Godly mentors of various ages; members also learn leadership skills within a group setting. AHG Troops are located in local communities across the nation. If none exists in a given area, families can bring the AHG Program to their own area. An American Heritage Girls Troop Development Coach is available to provide resources to potential Charter Organizations and other families to form a new Troop. To hear more about the purpose, mission and vision of AHG from Founder and Executive Director Patti Garibay, click here.

Today, there are <u>Troops</u> in all 50 states and girls being served in six countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a <u>Trailblazer</u> and enjoy the *AHG* program alongside their parents. A variety of Christian denominations are also represented as <u>Charter</u> <u>Organizations</u> for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

AHG offers various resources under <u>"Raising Godly Girls,"</u> including a <u>weekly podcast</u>, one-minute radio features, a blog, and guides for parents. All "Raising Godly Girls" platforms and materials offer guidance and biblically based advice on various topics affecting girls today, such as bullying, identity, anxiety, and body image issues. "Raising Godly Girls" provides parents, educators, and faith community leaders with tools, resources, and Scripture-based advice to help raise girls after God's own heart.

AHG's new podcast, <u>"Raising Godly Girls,"</u> features fresh episodes every Tuesday, Thursday, and Saturday. Subscribe and follow on any major podcast platform or visit <u>raisinggodlygirls.com</u>. Additionally, the <u>"Raising Godly Girls Minute" with Patti Garibay</u> airs on 1000+ Christian radio stations across the country.

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To schedule interviews with *Patti Garibay, founder and executive director of American Heritage Girls*, contact Media@HamiltonStrategies.com, Beth Bogucki, 610.584.1096 ext. 105, Dawn Foglein, ext. 100, or Jeff Tolson, ext. 108.

To inquire about airing the <u>"Raising Godly Girls Minute" with Patti Garibay</u>, contact Michael Hamilton, 610.584.1096, ext. 101.