

**\*\*\*NEWS RELEASE\*\*\***

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## **AHG empowers girls to become active and Christ-honoring citizens**

*‘How can they make a difference in the world if they don’t know the problems that they are facing?’*

**CINCINNATI, Ohio** — As Americans head to the polls to vote in the 2024 presidential election, politicians and concerned citizens are anxiously waiting to see [how many people fulfill their civic duty](#). [Less than 70%](#) of eligible Americans voted in the 2020 election — still the largest turnout in American history — but candidates are hoping for an even bigger response for such a monumental election. Unfortunately, [women often show less interest in politics than men](#), therefore [forfeiting female representation](#) in modern society.

It is easy to get swept up in the excitement, division and constant stream of media coverage of an election cycle. But how can Christians rise above the noise and teach children to honor Christ through their citizenship, regardless of the political landscape? *American Heritage Girls* (AHG, [www.americanheritagegirls.org](http://www.americanheritagegirls.org)), one of the nation’s premier scout-type organizations for girls ages five to 18, emphasizes the importance of Christ-honoring citizenship for all girls, no matter their age. In such a divided country, it is vital for girls to understand their rights as Americans and be equipped to stand firm in Biblical truths.

*“Today’s culture feels toxically divided,” said AHG Founder and Executive Director Patti Garibay. “Ideological differences polarize citizens of our country. Election seasons can feel especially daunting, with attack ads rearing their ugly heads and hateful, slandering speech thrown from both sides of the aisle. It’s vital that we remind our girls that despite our ideological differences, we share oneness. One nation under God worth fighting for. One humanity worth investing in. One eternal kingdom we’re all working towards. As the Apostle Paul wrote in his first letter to the Corinthians: ‘But God has put the body together, giving greater honor to the parts that lacked it, so that there should be no division in the body, but that its parts should have equal concern for each other.’”*

*Garibay* discusses the importance for girls to be active and Christ-honoring citizens on the upcoming episode of *AHG’s [Raising Godly Girls \(RGG\) podcast](#)* with Tim Barton, president of WallBuilders, who brings his deep knowledge of America’s founding history and Christian heritage to the conversation. *Garibay* and Barton dive into the importance of instilling Judeo-Christian values in the next generation and fostering a sense of unity in an increasingly divided nation, as well as how Christian parents can guide their children to be honorable citizens who reflect God’s truth in their actions and beliefs. Together, they examine the cultural shift away from American pride, share data on how Americans still value faith in public spaces, and explore what it means to live out the Christian faith through service to this country.

*“It is more important than ever before that girls know what is happening in the political sphere and know where they as Christians should stand,” said Garibay. “Some might think that because they are too young to*

*vote, girls don't need to worry about being active citizens but how can they make a difference in the world if they don't know the problems that they are facing?"*

Tune in to this week's [Raising Godly Girls \(RGG\) podcast](#) and "[Raising Godly Girls](#)" one-minute [radio feature](#) to equip, affirm and strengthen parents and loved ones on the journey toward guiding their girls to be active citizens for God.

*American Heritage Girls* was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At *AHG*, girls ages five to 18 meet together as [a single Troop](#) at the same time and then break out into Units by Levels. This gives *AHG* girls the important social experience of interacting with friends and Godly mentors of various ages; members also learn leadership skills within a group setting. *AHG* Troops are located in [local communities](#) across the nation. If none exists in a given area, families can bring the *AHG* Program to their own area. An *American Heritage Girls* Troop Development Coach is available to provide resources to potential Charter Organizations and other families to form [a new Troop](#). To hear more about the purpose, mission and vision of *AHG* from *Founder and Executive Director Patti Garibay*, [click here](#).

Today, there are [Troops](#) in all 50 states and girls being served in 15 countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the *AHG* program alongside their parents. A variety of Christian denominations are also represented as [Charter Organizations](#) for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

*AHG* offers various resources under "[Raising Godly Girls,](#)" including a [weekly podcast](#), one-minute radio features, a blog, and guides for parents. All "[Raising Godly Girls](#)" platforms and materials offer guidance and biblically based advice on various topics affecting girls today, such as bullying, identity, anxiety, and body image issues. "[Raising Godly Girls](#)" provides parents, educators, and faith community leaders with tools, resources, and Scripture-based advice to help raise girls after God's own heart.

*AHG's* new podcast, "[Raising Godly Girls,](#)" features fresh episodes every Tuesday, Thursday, and Saturday. Subscribe and follow on any major podcast platform or visit [raisinggodlygirls.com](#). Additionally, the "[Raising Godly Girls Minute](#)" with *Patti Garibay* airs on 1000+ Christian radio stations across the country.

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To schedule interviews with *Patti Garibay*, *founder and executive director of American Heritage Girls*, contact [Media@HamiltonStrategies.com](mailto:Media@HamiltonStrategies.com), Beth Bogucki, 610.584.1096 ext. 105, or Jeff Tolson, ext. 108.

To inquire about airing the "[Raising Godly Girls Minute](#)" with *Patti Garibay*, contact [Michael Hamilton, 610.584.1096, ext. 101.](#)