

*****NEWS RELEASE*****

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***AHG* inspires shepherd leadership parenting for families looking for a biblical framework**

'Shepherd leadership can provide comfort and support for girls, strengthening the bonds between mothers and daughters during challenging times'

CINCINNATI, Ohio — One of the most difficult parts of parenting is setting a good example for the children. Leading a family can be overwhelming, especially when trying to model biblical parenting in an unbiblical world. Seventy-three percent of U.S. parents are concerned about their children's spiritual development according to [a recent Barna study](#). How can Christian parents model biblical leadership to their children while surrounded by ungodly influences?

American Heritage Girls (*AHG*, www.americanheritagegirls.org) has been coming alongside parents of young girls for nearly 30 years to provide Christian encouragement, support, and fellowship through unique, girl-centric programming. *AHG* equips families to live unapologetically Christian through shepherd leadership, characterized by parenting with purpose, care and compassion.

"When it comes to leading a family like Christ, it can be easy to get lost in all the different techniques floating around parenting circles," said AHG Founder and Executive Director Patti Garibay. "Authoritative, permissive, gentle — it can be so confusing to follow all the parenting trends. However, God made His design for raising children clear in the Bible! Just as the Good Shepherd guides, nurtures and cares for His sheep, so too are parents supposed to raise their children."

Garibay recently spoke about shepherd leadership on *AHG's* podcast, [Raising Godly Girls \(RGG\)](#), with Holly Culhane, Founder and CEO of Presence Point, to discuss the vital role of shepherd leadership in parenting. Culhane's extensive background in leadership development and her deep understanding of Biblical principles provide invaluable insights for parents striving to model Christ-like guidance for their daughters. Listeners will gain practical advice on incorporating shepherd leadership into their daily interactions with their daughters. Culhane and *Garibay* explore how to provide guidance, protection, and unconditional love, reflecting the shepherd's care as described in Psalm 23.

"Shepherd leadership can provide comfort and support for girls, strengthening the bonds between mothers and daughters during challenging times," said Garibay.

AHG is proud to encourage a Biblical sense of leadership both in girls as well as their parents. Offering [numerous patches](#) for girls who embrace their natural leadership gifts as well as opportunities for parents to volunteer and get involved, *AHG* fosters positive leadership development grounded in a Christian framework.

Tune in to this week's [Raising Godly Girls \(RGG\) podcast](#) and "[Raising Godly Girls](#)" one-minute [radio feature](#) to equip, affirm, and strengthen parents and loved ones on the journey toward practicing shepherd leadership parenting.

American Heritage Girls was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At *AHG*, girls ages five to 18 meet together as [a single Troop](#) at the same time and then break out into Units by Levels. This gives *AHG* girls the important social experience of interacting with friends and Godly mentors of various ages; members also learn leadership skills within a group setting. *AHG* Troops are located in [local communities](#) across the nation. If none exists in a given area, families can bring the *AHG* Program to their own area. An *American Heritage Girls* Troop Development Coach is available to provide resources to potential Charter Organizations and other families to form [a new Troop](#). To hear more about the purpose, mission, and vision of *AHG* from *Founder and Executive Director Patti Garibay*, [click here](#).

Today, there are [Troops](#) in all 50 states and girls being served in 15 countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the *AHG* program alongside their parents. A variety of Christian denominations are also represented as [Charter Organizations](#) for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

AHG offers various resources under "[Raising Godly Girls](#)," including a [weekly podcast](#), one-minute radio features, a blog, and guides for parents. All "[Raising Godly Girls](#)" platforms and materials offer guidance and biblically based advice on various topics affecting girls today, such as bullying, identity, anxiety, and body image issues. "[Raising Godly Girls](#)" provides parents, educators, and faith community leaders with tools, resources, and Scripture-based advice to help raise girls after God's own heart.

AHG's new podcast, "[Raising Godly Girls](#)," features fresh episodes every Tuesday, Thursday, and Saturday. Subscribe and follow on any major podcast platform or visit [raisinggodlygirls.com](#). Additionally, the "[Raising Godly Girls Minute](#)" with *Patti Garibay* airs on 1000+ Christian radio stations across the country.

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To schedule interviews with *Patti Garibay*, *founder and executive director of American Heritage Girls*, contact Media@HamiltonStrategies.com, Beth Bogucki, 610.584.1096 ext. 105, or Jeff Tolson, ext. 108.

To inquire about airing the "[Raising Godly Girls Minute](#)" with *Patti Garibay*, contact [Michael Hamilton, 610.584.1096, ext. 101](#).