

*****NEWS RELEASE*****

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‘Intentionally discipling your children starts with intentionally making yourself a disciple,’ says *Patti Garibay*

AHG Founder Patti Garibay and author Leslie Nunnery discuss the importance of raising Godly girls on AHG’s ‘Raising Godly Girls’ podcast

CINCINNATI, Ohio — Author John Steinbeck said, “Perhaps it takes courage to raise children.” Parenting is the most important job in the world, yet also the hardest — parents often find themselves overwhelmed by the trials their children create for them. Even with God as the perfect model of a parent, parenting in a biblical manner can be confusing, difficult and thankless. So, what can parents do when they want to better reflect the love of God in their parenting style?

American Heritage Girls (AHG, www.americanheritagegirls.org) has been coming alongside parents of young girls for nearly 30 years, providing Christ-centered programming, fellowship with like-minded families, and good old-fashioned fun. One of the nation’s premier scout-type organizations for girls ages five through 18, *AHG* knows how important it is to raise Godly girls in a world determined to undermine biblical values.

“Being a parent is one of the greatest blessings in my life, but it has certainly come with some challenges,” said AHG Founder and Executive Director Patti Garibay. “It is so important to be deliberate when it comes to raising children, but it can be difficult to maintain that level of intentionality without proper support and encouragement. That’s why AHG strives to provide quality resources and support for parents so that they can disciple their children the way God intended.”

Garibay recently spoke with Leslie Nunnery, author and co-founder of Teach Them Diligently, about the importance of being an intentional discipler and parent on *AHG’s* powerful [Raising Godly Girls \(RGG\) podcast](#). *Garibay* and Nunnery discussed all kinds of ways, and practical tips on how parents and loved ones can disciple their girls while being an intentional discipler and an intentional guardian.

As the co-founder of Teach Them Diligently, she has dedicated herself to providing resources and experiences to strengthen Christian homeschooling families through biblical parenting and excellent home education. Nunnery is also an accomplished author with several books on parenting and homeschooling to her name, including “Teach Them Diligently,” “Raising Children of Promise,” and “Heart School: How Amazing Parents Become Excellent Home Educators.”

“It is so important for parents to plug into the Word and allow the Gospel to overflow into their parenting style,” said Garibay. “Intentionally discipling your children starts with intentionally making yourself a disciple. AHG is designed to provide biblical support and encouragement not only for girls, but also their parents.”

Tune in to this week's [Raising Godly Girls \(RGG\) podcast](#) and "[Raising Godly Girls](#)" one-minute [radio feature](#) to equip, affirm, and strengthen parents and loved ones on the journey toward being intentional disciplers to raise Godly girls.

American Heritage Girls was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At *AHG*, girls ages five to 18 meet together as [a single Troop](#) at the same time and then break out into Units by Levels. This gives *AHG* girls the important social experience of interacting with friends and Godly mentors of various ages; members also learn leadership skills within a group setting. *AHG* Troops are located in [local communities](#) across the nation. If none exists in a given area, families can bring the *AHG* Program to their own area. An *American Heritage Girls* Troop Development Coach is available to provide resources to potential Charter Organizations and other families to form [a new Troop](#). To hear more about the purpose, mission, and vision of *AHG* from *Founder and Executive Director Patti Garibay*, [click here](#).

Today, there are [Troops](#) in all 50 states and girls being served in 15 countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the *AHG* program alongside their parents. A variety of Christian denominations are also represented as [Charter Organizations](#) for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

AHG offers various resources under "[Raising Godly Girls](#)," including a [weekly podcast](#), one-minute radio features, a blog, and guides for parents. All "[Raising Godly Girls](#)" platforms and materials offer guidance and biblically based advice on various topics affecting girls today, such as bullying, identity, anxiety, and body image issues. "[Raising Godly Girls](#)" provides parents, educators, and faith community leaders with tools, resources, and Scripture-based advice to help raise girls after God's own heart.

AHG's new podcast, "[Raising Godly Girls](#)," features fresh episodes every Tuesday, Thursday, and Saturday. Subscribe and follow on any major podcast platform or visit [raisinggodlygirls.com](#). Additionally, the "[Raising Godly Girls Minute](#)" with *Patti Garibay* airs on 1000+ Christian radio stations across the country.

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To schedule interviews with *Patti Garibay*, founder and executive director of *American Heritage Girls*, contact Media@HamiltonStrategies.com, Beth Bogucki, 610.584.1096 ext. 105, or Jeff Tolson, ext. 108.

To inquire about airing the "[Raising Godly Girls Minute](#)" with *Patti Garibay*, contact [Michael Hamilton, 610.584.1096, ext. 101](#).