

*****NEWS RELEASE*****

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How can girls apply a biblical worldview to their daily disputes?

AHG Founder Patti Garibay and Focus on the Family's Dr. Danny Huerta discuss Christ-focused conflict resolution on AHG's new podcast, 'Raising Godly Girls'

CINCINNATI, Ohio — Despite the best efforts of parents, guardians, and teachers, inevitably children find themselves faced with conflict. How they choose to handle that conflict reflects on their upbringing and personal worldview — will they respond in an uplifting, biblical way, or resort to the ways of the world?

“Just because you're invited to that fight doesn't mean you have to attend.’ That age-old bit of wisdom holds a biblical root — making peace involves personal responsibility,” said American Heritage Girls (AHG, www.americanheritagegirls.org) Founder and Executive Director Patti Garibay. “Romans 12 verses 16 and 18 charge Christians to ‘live in harmony with all’ and work for peace in every situation ‘as far as it depends on you.’ This can be especially difficult in today’s dog-eat-dog world, but Christians are called to put aside their differences and find ways to make peace with those who wrong them.”

AHG has been instilling a biblical worldview and raising godly girls through thoughtful, Christ-centered programming for nearly 30 years. AHG's [“Raising Godly Girls Guide to Biblical Worldview”](#) e-book, which includes useful tools such as key Bible verses, a glossary of terms, and even Biblical responses to crucial worldview topics, is intentionally designed to serve as a valuable guide for parents and teachers, providing the knowledge, tools, and Scripture-based advice to helping instill a Biblical worldview.

“When a girl’s identity and worldview lens are rooted in faith, the Gospel message doesn’t stay neatly tucked in her Bible only to be taken off the shelf each Sunday — it impacts every part of her life!” said Garibay. “A Biblical worldview shapes the way she understands herself, her purpose in the world, and how she can influence an unholy world for Christ using the God-given gifts bestowed upon her at the moment of her creation.”

Garibay recently sat down with [Dr. Danny Huerta from Focus on the Family](#) to discuss practical strategies for achieving peace at home through effective conflict resolution on AHG's powerful [Raising Godly Girls \(RGG\) podcast](#). In the episode, Dr. Huerta shares his expertise on the most common sources of family conflict and offers insights on how parents can identify and address these issues early on. Listeners will discover practical advice on managing sibling rivalry, teaching their children effective communication skills, and the vital role of forgiveness and reconciliation in resolving disputes.

“The average family experiences around 2,100 arguments a year. That’s nearly 49 minutes of daily conflict! But how we handle these inevitable clashes can make all the difference in fostering a loving and harmonious home environment,” concluded Garibay.

Tune in to this week’s [Raising Godly Girls \(RGG\) podcast](#) and “Raising Godly Girls” one-minute [radio feature](#) to equip, affirm, and strengthen those in the journey to build young girls into women of integrity.

American Heritage Girls was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At ***AHG***, girls ages five to 18 meet together as [a single Troop](#) at the same time and then break out into Units by Levels. This gives ***AHG*** girls the important social experience of interacting with friends and godly mentors of various ages; members also learn leadership skills within a group setting. ***AHG*** Troops are located in [local communities](#) across the nation. If none exists in a given area, families can bring the ***AHG*** Program to their own area. An ***American Heritage Girls*** Troop Development Coach is available to provide resources to potential Charter Organizations and other families to form [a new Troop](#). To hear more about the purpose, mission, and vision of ***AHG*** from ***Founder and Executive Director Patti Garibay***, [click here](#).

Today, there are [Troops](#) in all 50 states and girls being served in 15 countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the ***AHG*** program alongside their parents. A variety of Christian denominations are also represented as [Charter Organizations](#) for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

AHG offers various resources under [“Raising Godly Girls,”](#) including a [weekly podcast](#), one-minute radio features, a blog, and guides for parents. All “Raising Godly Girls” platforms and materials offer guidance and biblically based advice on various topics affecting girls today, such as bullying, identity, anxiety, and body image issues. “Raising Godly Girls” provides parents, educators, and faith community leaders with tools, resources, and Scripture-based advice to help raise girls after God’s own heart.

AHG’s new podcast, [“Raising Godly Girls,”](#) features fresh episodes every Tuesday, Thursday, and Saturday. Subscribe and follow on any major podcast platform or visit [raisinggodlygirls.com](#). Additionally, the [“Raising Godly Girls Minute” with Patti Garibay](#) airs on 1000+ Christian radio stations across the country.

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To schedule interviews with ***Patti Garibay***, ***founder and executive director of American Heritage Girls***, contact [Media@HamiltonStrategies.com](#), Beth Bogucki, 610.584.1096 ext. 105, or Jeff Tolson, ext. 108.

To inquire about airing the [“Raising Godly Girls Minute” with Patti Garibay](#), contact [Michael Hamilton, 610.584.1096, ext. 101](#).