

*****NEWS RELEASE*****

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SEPTEMBER 8 IS GRANDPARENTS' DAY

‘Strong grandparent relationships foster a strong sense of faith in girls,’ says *AHG Founder Patti Garibay*

‘From providing stability and unconditional love to passing down faith and values, grandparents have a unique and impactful role in their families’

CINCINNATI, Ohio — Grandparents offer an invaluable resource for many parents. [From providing words of wisdom to covering babysitting duties](#), grandmothers and grandfathers can nurture young parents through any growing pains of starting a family. Grandparents provide grandchildren a conduit to a family’s past, accomplishments, trials and tribulations, ensuring well-rounded adults in the years to come.

“Being a grandma is one of the greatest joys of my life,” commented American Heritage Girls (AHG, www.americanheritagegirls.org) Founder and Executive Director Patti Garibay. “We cannot deny the impact grandparents have on both their children and their grandchildren. Spending time with my grandchildren allows me to not only learn more about them and their interests, but teach them about our family history, my personal beliefs and philosophies, and especially my faith in Christ. Young girls look to their grandparents for guidance in all areas, including their faith, providing a unique opportunity to foster a strong identity in Christ.”

Garibay recently discussed the crucial role grandparents play in shaping the faith and character of their granddaughters with Dr. Ken Canfield, a leading expert on family relationships and grandparenting, on AHG’s popular podcast, [Raising Godly Girls \(RGG\)](#). Dr. Canfield, founder of the National Center for Fathering and the National Association for Grandparenting, shares valuable insights on how involved grandparents can positively influence their grandchildren’s lives. Listeners can tune in to hear heartwarming stories and practical advice on how grandparents can navigate generational differences, build meaningful relationships, and leave a lasting positive legacy.

“From providing stability and unconditional love to passing down faith and values, grandparents have a unique and impactful role in their families,” said Garibay. “Christian parents know the importance of taking in God’s Word as our Daily Bread, and grandparents offer an additional — and powerful — support system for girls looking to grow their faith.”

AHG’s Raising Godly Girls podcast is available anywhere podcasts are available (including Spotify, Amazon Music/Audible, and Apple Podcasts) or can be streamed on raisinggodlygirls.com. Tune in to this

week's [Raising Godly Girls \(RGG\) podcast](#) and "[Raising Godly Girls](#)" one-minute [radio feature](#) to equip, affirm and strengthen parents and grandparents with the tools to raise Godly girls.

American Heritage Girls was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At *AHG*, girls ages five to 18 meet together as [a single Troop](#) at the same time and then break out into Units by Levels. This gives *AHG* girls the important social experience of interacting with friends and godly mentors of various ages; members also learn leadership skills within a group setting. *AHG* Troops are located in [local communities](#) across the nation. If none exists in a given area, families can bring the *AHG* Program to their own area. An *American Heritage Girls* Troop Development Coach is available to provide resources to potential Charter Organizations and other families to form [a new Troop](#). To hear more about the purpose, mission, and vision of *AHG* from *Founder and Executive Director Patti Garibay*, [click here](#).

Today, there are [Troops](#) in all 50 states and girls being served in 15 countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the *AHG* program alongside their parents. A variety of Christian denominations are also represented as [Charter Organizations](#) for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

AHG offers various resources under "[Raising Godly Girls,](#)" including a [weekly podcast](#), one-minute radio features, a blog, and guides for parents. All "[Raising Godly Girls](#)" platforms and materials offer guidance and biblically based advice on various topics affecting girls today, such as bullying, identity, anxiety, and body image issues. "[Raising Godly Girls](#)" provides parents, educators, and faith community leaders with tools, resources, and Scripture-based advice to help raise girls after God's own heart.

AHG's new podcast, "[Raising Godly Girls,](#)" features fresh episodes every Tuesday, Thursday, and Saturday. Subscribe and follow on any major podcast platform or visit [raisinggodlygirls.com](#). Additionally, the "[Raising Godly Girls Minute](#)" with *Patti Garibay* airs on 1000+ Christian radio stations across the country.

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To schedule interviews with *Patti Garibay*, *founder and executive director of American Heritage Girls*, contact Media@HamiltonStrategies.com, Beth Bogucki, 610.584.1096 ext. 105, or Jeff Tolson, ext. 108.

To inquire about airing the "[Raising Godly Girls Minute](#)" with *Patti Garibay*, contact [Michael Hamilton, 610.584.1096, ext. 101](#).