

*****NEWS RELEASE*****

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Parents must be the primary advocates for their girls' spiritual and educational well-being

'AHG is designed to come alongside the family unit and equip parents with the tools and skills they need to raise godly girls of character,' said AHG founder

CINCINNATI, Ohio — There are thousands of influences in today's world that are attempting to impact youth — and not all of them are positive. In a society that has fallen prey to secularism and worldly desires, it is more important than ever before for parents to be involved in their daughter's spiritual and educational development.

American Heritage Girls (AHG, www.americanheritagegirls.org) Founder and Executive Director Patti Garibay recently spoke with Heidi St. John, renowned author and host of "Off the Bench with Heidi St. John," on *AHG's* powerful new [Raising Godly Girls \(RGG\) podcast](#). Drawing from her extensive experience raising and homeschooling seven children, St. John, along with Garibay, share invaluable insights on integrating faith into everyday life and navigating the complexities of modern education.

"Parents play a pivotal role in nurturing their daughters' spiritual and educational paths," said Garibay. "Parents are sending their children off to schools, organizations and other influences without a single thought about the worldview their daughters are being exposed to. It is the parents' job to not only nurture and guide their daughter throughout her formative years, but to also shield her from the destructive influences of the world that are trying to take root in her heart. The Bible says that our children have been given to us like arrows in the hands of a warrior. Do today's parents see themselves as warriors in the fight against the enemy?"

On the [podcast](#), St. John and *Garibay* explore practical strategies for parents to effectively guide their daughters spiritually and academically. St. John draws on her extensive experience as a homeschool advocate, and addresses common challenges faced in today's educational landscape, offering empowering perspectives on homeschooling and managing public school dynamics.

"There is no more important task than for parents to instill biblical values into their children," commented Garibay. "It can be daunting and difficult, but it is vital to ensure that the next generation has a heart for the Gospel and is prepared to make a difference for the Kingdom. These intentional acts of spiritual guidance are necessary for positive growth. That is why AHG is designed to come alongside the family unit and equip parents with the tools and skills they need to raise godly girls of character. It is our mission to build women of integrity through service to God, family, community and country. This is accomplished through our carefully designed programming that grows with girls as they delve deeper into their faith and community."

Tune in to this week's [Raising Godly Girls \(RGG\) podcast](#) and "[Raising Godly Girls](#)" one-minute [radio feature](#) to equip, affirm and strengthen those on the journey toward helping girls build their spiritual and educational development.

American Heritage Girls was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At *AHG*, girls ages five to 18 meet together as [a single Troop](#) at the same time and then break out into Units by Levels. This gives *AHG* girls the important social experience of interacting with friends and godly mentors of various ages; members also learn leadership skills within a group setting. *AHG* Troops are located in [local communities](#) across the nation. If none exists in a given area, families can bring the *AHG* Program to their own area. An *American Heritage Girls* Troop Development Coach is available to provide resources to potential Charter Organizations and other families to form [a new Troop](#). To hear more about the purpose, mission, and vision of *AHG* from *Founder and Executive Director Patti Garibay*, [click here](#).

Today, there are [Troops](#) in all 50 states and girls being served in 15 countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the *AHG* program alongside their parent. A variety of Christian denominations are also represented as [Charter Organizations](#) for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

AHG offers various resources under "[Raising Godly Girls,](#)" including a [weekly podcast](#), one-minute radio features, a blog, and guides for parents. All "[Raising Godly Girls](#)" platforms and materials offer guidance and biblically based advice on various topics affecting girls today, such as bullying, identity, anxiety, and body image issues. "[Raising Godly Girls](#)" provides parents, educators, and faith community leaders with tools, resources, and Scripture-based advice to help raise girls after God's own heart.

AHG's new podcast, "[Raising Godly Girls,](#)" features fresh episodes every Tuesday, Thursday, and Saturday. Subscribe and follow on any major podcast platform or visit [raisinggodlygirls.com](#). Additionally, the "[Raising Godly Girls Minute](#)" with *Patti Garibay* airs on 1000+ Christian radio stations across the country.

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To schedule interviews with *Patti Garibay*, *founder and executive director of American Heritage Girls*, contact Media@HamiltonStrategies.com, Beth Bogucki, 610.584.1096 ext. 105, or Jeff Tolson, ext. 108.

To inquire about airing the "[Raising Godly Girls Minute](#)" with *Patti Garibay*, contact [Michael Hamilton, 610.584.1096, ext. 101.](#)