

*****NEWS RELEASE*****

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JUNE 16 IS FATHER'S DAY

American Heritage Girls encourage positive paternal relationships to build godly women of character

'Fathers are meant to be the representative of our Heavenly Father in the home,' says AHG Founder and Executive Director Patti Garibay

CINCINNATI, Ohio — There is no denying the bond between a father and daughter is a special one. While mothers often get the spotlight when it comes to parenting, fathers play a critical role in their daughter's success, happiness, and well-being. [Research shows](#) that girls who have strong relationships with their fathers growing up earn better grades, are more financially secure in the future, and are more emotionally resilient as adults. Despite its' innate value, this vital relationship is often overlooked or forgotten.

"Fathers are meant to be the representative of our Heavenly Father in the home," said Patti Garibay, founder and executive director of American Heritage Girls (AHG, www.americanheritagegirls.org), one of the world's largest Christ-centered scout-type organizations. "Fathers have the opportunity to display some of God's most nurturing features: strong and protective, loving and gentle, knowledgeable and trustworthy. The way girls interact with their dads often reveals how they perceive their relationship with God. That's why fathers must take their role as protector and leader of their family seriously."

Despite being a female-focused organization, **AHG** has long encouraged positive paternal relationships. **AHG's Father Daughter Dance** is one of the organization's oldest and most revered traditions, offering an opportunity for dads and daughters to bond at a fun family-friendly event.

"The father-daughter relationship is a key cornerstone in the development of young women. A strong family unit starts with the father, and girls can see how their fathers impact their daily lives," said Garibay. "It's our goal to raise godly girls of integrity, and our AHG dads play such an important role in that mission."

Tune in to this week's [Raising Godly Girls \(RGG\) podcast](#) and "Raising Godly Girls" one-minute [radio feature](#) to learn more about the role of a faithful father in raising a godly girl.

American Heritage Girls was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At **AHG**, girls ages five to 18 meet together as [a single Troop](#) at the same time and then break out into Units by Levels. This gives **AHG** girls the important social experience of interacting with friends and godly mentors of various ages; members also learn leadership skills within a group setting. **AHG** Troops are located in [local communities](#) across the nation. If none exists in a given area, families can bring the **AHG** Program to their own area. An **American Heritage Girls** Troop Development Coach is available to provide resources to potential Charter Organizations and other families to form [a new](#)

[Troop](#). To hear more about the purpose, mission, and vision of *AHG* from *Founder and Executive Director Patti Garibay*, [click here](#).

Today, there are [Troops](#) in all 50 states and girls being served in 15 countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the *AHG* program alongside their parent. A variety of Christian denominations are also represented as [Charter Organizations](#) for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

AHG offers various resources under [“Raising Godly Girls,”](#) including a [weekly podcast](#), one-minute radio features, a blog, and guides for parents. All *“Raising Godly Girls”* platforms and materials offer guidance and Biblically based advice on various topics affecting girls today, such as bullying, identity, anxiety, and body image issues. *“Raising Godly Girls”* provides parents, educators, and faith community leaders with tools, resources, and Scripture-based advice to help raise girls after God’s own heart.

AHG’s new podcast, [“Raising Godly Girls,”](#) features fresh episodes every Tuesday, Thursday, and Saturday. Subscribe and follow on any major podcast platform or visit [raisinggodlygirls.com](#). Additionally, the [“Raising Godly Girls Minute” with Patti Garibay](#) airs on 1000+ Christian radio stations across the country.

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To schedule interviews with *Patti Garibay*, *founder and executive director of American Heritage Girls*, contact Media@HamiltonStrategies.com, Beth Bogucki, 610.584.1096 ext. 105, or Jeff Tolson, ext. 108.

To inquire about airing the [“Raising Godly Girls Minute” with Patti Garibay](#), contact [Michael Hamilton, 610.584.1096, ext. 101](#).