

*****NEWS RELEASE*****

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MAY 12 IS MOTHER'S DAY

***American Heritage Girls* recognizes the power of a
praying mom, offers Biblically sound
advice for girl moms**

*'Raising Godly Girls' resources equip, affirm, and strengthen mothers
and other mentors in their journey to build women of integrity*

CINCINNATI, Ohio — *American Heritage Girls* (AHG, www.americanheritagegirls.org), one of the world's largest Christian scout-type organizations, is proud to offer Biblically sound advice for girl moms as they raise their daughters after God's own heart.

"Girls need women who embrace their God-given womanhood and empower them to love what makes them a godly girl," says Patti Garibay, Founder and Executive Director of American Heritage Girls. "As Mother's Day approaches, AHG looks forward to the opportunity to recognize and celebrate the power of a praying mom in raising godly daughters. At AHG, we're proud to foster meaningful relationships between mothers and daughters, mentors and mentees, and girls looking for examples of godly women of character, leadership, virtue, and integrity."

Dedicated to building women of integrity through service to God, family, community, and country, **AHG** has positively impacted the lives of tens of thousands of girls and their families over nearly 30 years by providing age-appropriate programming that teaches valuable life lessons while instilling lifelong faith in Christ.

AHG offers practical and spiritual resources geared to help moms strengthen and pass along their faith as they seek to parent their daughters with Biblically sound advice. First and foremost, **AHG's** website offers online support such as the digital resource, ["Teaching Your Daughter About the Power of Prayer;"](#)

"It's normal for your girl to come to you or her friends when she is going through a tough time. In fact, it's critical that she has family and friends she can run to when days are dark. As you guide her with your wisdom, remember to also teach your girl the power of prayer.

"God wants His girls to rely on Him for strength to overcome hard times. He listens, he cares and he responds to her needs. In the book of Jeremiah, the prophet writes: *"Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart."*

"Set aside time to pray with your girl and show her the power of pouring out her heart to God through prayer."

AHG offers various resources for moms to equip their girls under [**“Raising Godly Girls,”**](#) including a [weekly podcast](#), one-minute radio features, a blog and guides for parents. All **“Raising Godly Girls”** platforms and materials offer guidance and biblically-based advice on various topics affecting girls today, such as bullying, identity, anxiety, and body image issues. **“Raising Godly Girls”** provides parents, educators, and faith community leaders with tools, resources, and Scripture-based advice to help raise girls after God’s own heart.

“Today’s girls are navigating a dark and perilous world,” said Patti Garibay. “Parents are confronted with a plethora of new struggles that previous generations never had to consider. We are proud to offer our ‘Raising Godly Girls’ resources to aid parents in their quest to guide girls into becoming well-rounded Christian women of integrity. On our Raising Godly Girls podcast, veteran leaders discuss heavy-hitting topics such as social media, religion and modern society, positive relationships and more. Parents can get timely, Biblically sound, and actionable tips from fellow moms, Troop volunteers, and Christian thought leaders on how to raise a girl after God’s own heart.”

Tune in to this week’s [Raising Godly Girls \(RGG\) podcast](#) and **“Raising Godly Girls”** one-minute [radio feature](#) to learn more about the power of a praying mom and **AHG**’s biblical advice for young girls.

American Heritage Girls was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At **AHG**, girls ages five to 18 meet together as [a single Troop](#) at the same time and then break out into Units by Levels. This gives **AHG** girls the important social experience of interacting with friends and godly mentors of various ages; members also learn leadership skills within a group setting. **AHG** Troops are located in [local communities](#) across the nation. If none exists in a given area, families can bring the **AHG** Program to their own area. An **American Heritage Girls** Troop Development Coach is available to provide resources to potential Charter Organizations and other families to form [a new Troop](#). To hear more about the purpose, mission, and vision of **AHG** from **Founder and Executive Director Patti Garibay**, [click here](#).

Today, there are [Troops](#) in all 50 states and girls being served in 15 countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the **AHG** program alongside their parent. A variety of Christian denominations are also represented as [Charter Organizations](#) for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

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AHG’s new podcast, [**“Raising Godly Girls,”**](#) features fresh episodes every Tuesday, Thursday, and Saturday. Subscribe and follow on any major podcast platform or visit [raisinggodlygirls.com](#). Additionally, the [**“Raising Godly Girls Minute” with Patti Garibay**](#) airs on 1000+ Christian radio stations across the country.

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To schedule interviews with **Patti Garibay**, *founder and executive director of American Heritage Girls*, contact [Media@HamiltonStrategies.com](#), Beth Bogucki, 610.584.1096 ext. 105, or Jeff Tolson, ext. 108.

To inquire about airing the [**“Raising Godly Girls Minute” with Patti Garibay**](#), contact [Michael Hamilton, 610.584.1096, ext. 101](#).