NEWS RELEASE

For Immediate Release February 20, 2024

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How AHG Troops achieved over half a million service hours in 2023

'One thing that sets AHG apart is their dedication to raising godly girls of character through service projects and volunteering as well as unique programming and offerings.' said Patti Garibay, AHG's founder and national executive director

CINCINNATI, Ohio — *American Heritage Girls (AHG, <u>www.americanheritagegirls.org</u>), one of the largest Christian, scout-type organizations in the world, has been a beacon for Christ-centered, girl-focused scouting for nearly 30 years.*

In order to incorporate faith in Troop meetings and activities, *AHG* offers two unique <u>Creed Devotion Guides</u> that look at historical figures who embody the aspects of <u>the *AHG* Creed</u>: "As an American Heritage Girl, I promise to be compassionate, helpful, honest, loyal, perseverant, pure, resourceful, respectful, responsible, and reverent." These guides provide a springboard for Troops to stay true to *AHG*'s biblical foundations and remind girls how to live for Christ and set goals to follow Him and His Word.

"AHG believes that making Jesus the center of everything is the only way to build a life of integrity, because it is only in His truth that you can stand without faltering or compromising," said AHG Founder and Executive Director Patti Garibay. "In order to teach girls the value of a strong faith background, we love to show them how great biblical and spiritual leaders of the past made their mark on history and advanced the kingdom of God."

Each devotion includes a supply list for needed materials and related activities. Activities can be done as a whole Troop or as a take-home activity to connect families with the Troop. *AHG* also offers fun activities like "<u>AHG</u> Creed Card Dash" games as an interactive way for girls to learn key Christian values.

The results of this Christ-centered programming speak for themselves. Throughout *AHG's* 2022-2023 program year, Troops served a total of 590,720 service hours — the equivalent of 67.43 years of service completed in just one year! In the same year, 7,945 girls were recognized for their dedication to nurturing their relationships with Jesus through *AHG's* Faith Award Program.

"AHG girls are taking the valuable life lessons modeled by Christian leaders and implementing them into their daily lives," noted Garibay. "By engaging in community service and giving back to their communities, girls are learning firsthand how to live a life that honors Christ. The Bible and the experiences of the faithful are full of encouraging messages from the lives of people who have lived before us. None of them lived perfect lives, but God used what they openly offered to change the world. It is our prayer that girls follow in

their footsteps in their personal walks with the Lord. The deeper we understand and embrace God's plan for our lives, the more our hearts desire to know more about Him and live life in accordance with His Word."

Tune in to this week's *Raising Godly Girls (RGG)* podcast and *"Raising Godly Girls"* one-minute <u>radio</u> <u>feature</u> to learn more about Christian service and advocacy through *AHG*.

American Heritage Girls was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At *AHG*, girls ages five to 18 meet together as <u>a single</u> Troop at the same time and then break out into Units by Levels. This gives *AHG* girls the important social experience of interacting with friends and godly mentors of various ages; members also learn leadership skills within a group setting. *AHG* Troops are located in <u>local communities</u> across the nation. If none exists in a given area, families can bring the *AHG* Program to their own area. An *American Heritage Girls* Troop Development Coach is available to provide resources to potential Charter Organizations and other families to form <u>a new</u> Troop. To hear more about the purpose, mission, and vision of *AHG* from *Founder and Executive Director Patti Garibay*, click here.

Today, there are <u>Troops</u> in all 50 states and girls being served in 15 countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a <u>Trailblazer</u> and enjoy the *AHG* program alongside their parent. A variety of Christian denominations are also represented as <u>Charter</u> <u>Organizations</u> for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

AHG offers various resources under <u>*"Raising Godly Girls,"*</u> including a weekly podcast, one-minute radio features, a blog, and guides for parents. All *"Raising Godly Girls"* platforms and materials offer guidance and biblically-based advice on various topics affecting girls today, such as bullying, identity, anxiety, and body image issues. *"Raising Godly Girls"* provides parents, educators, and faith community leaders with tools, resources, and Scripture-based advice to help raise girls after God's own heart.

AHG's new podcast, <u>*"Raising Godly Girls,"*</u> features fresh episodes every Tuesday, Thursday, and Saturday and can be accessed through all major podcast platforms as well as <u>raisinggodlygirls.com</u>. Additionally, the <u>*"Raising Godly Girls Minute" with Patti Garibay*</u> airs on 1000+ Christian radio stations across the country.

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To schedule interviews with *Patti Garibay, founder and executive director of American Heritage Girls,* contact <u>Media@HamiltonStrategies.com</u>, Beth Bogucki, 610.584.1096 ext. 105, or Robin Sprague, ext. 103.

To inquire about airing the <u>*"Raising Godly Girls Minute" with Patti Garibay*</u>, contact <u>Michael Hamilton</u>, 610.584.1096, ext. 101.