

*****NEWS RELEASE*****

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***American Heritage Girls* recognizes Saint Joseph through unique patch program**

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CINCINNATI, Ohio — *American Heritage Girls* (AHG, www.americanheritagegirls.org), the premier faith-based, scout-type leadership development program for girls and young women ages five to 18 in the country, has always been rooted in a strong Christian foundation. As part of their unique progressive programming, AHG offers many Christian-based patches that girls can earn through the year.

The *AHG St. Joseph’s Patch* encourages girls to learn more about [St. Joseph](#), Patron of the Universal Church, and his life, virtues, and example to Christians.

“Whatever their level of participation in the many activities we offer, AHG girls grow in their desire to learn more about God and become godly girls of integrity,” said Patti Garibay, founder and executive director of American Heritage Girls. “For example, when they pursue the St. Joseph Patch, girls discover how St. Joseph’s joyful obedience to God and his unwavering protection of the Blessed Virgin Mary and God’s Only Son were a display of reverence and loyalty — and they learn how to show their own obedience to God and a love for others.”

Garibay added, “A major reason that AHG has experienced such rapid growth in recent years is because of our Christian focus and our respect for biblical values.”

To earn the St. Joseph patch, girls must complete a variety of tasks, such as studying the life of Saint Joseph in the Bible, attending a Holy Mass dedicated to his life, illustrate various scenarios from his life, and other alternatives.

Garibay commented, “It was always the vision of AHG to provide a Christian character-development and leadership organization that would contribute to the betterment of each girl’s community while strengthening her walk with Christ and His Church. What started as a far-off dream has continued to grow with the help and support of a nationwide network of parents and guardians who share the goal of building women of integrity.”

American Heritage Girls was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At AHG, girls ages five to 18 meet together as [a single Troop](#) at the same time and then break out into Units by Levels. This gives AHG girls the important social experience of interacting with friends and godly mentors of various ages; members also learn leadership skills within a group setting. AHG Troops are located in [local communities](#) across the nation. If none exists in a given area, families can bring the AHG Program to their own area. An *American Heritage Girls* Troop Development

Coach is available to provide resources to potential Charter Organizations and other families to form [a new Troop](#). To hear more about the purpose, mission, and vision of *AHG* from *Founder and Executive Director Patti Garibay*, [click here](#).

Today, there are [Troops](#) in all 50 states and girls being served in 15 countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the *AHG* program alongside their parent. A variety of Christian denominations are also represented as [Charter Organizations](#) for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

The *“Raising Godly Girls”* radio feature and [Raising Godly Girls blog](#) shares guidance and biblically based advice on many key topics affecting girls today—from bullying and identity to anxiety and body image issues. It gives parents, educators, and faith community leaders a set of tools, resources, and Scripture-based advice to assist in raising girls after God’s own heart. The [“Raising Godly Girls Minute” with Patti Garibay](#) airs on 900+ Christian radio stations across the country.

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To schedule interviews with spokespersons from *American Heritage Girls*, contact Media@HamiltonStrategies.com, Beth Harrison, 610.584.1096 ext. 105, or Deborah Hamilton, ext. 102.

To inquire about airing the [“Raising Godly Girls Minute” with Patti Garibay](#), contact [Michael Hamilton](#), 610.584.1096, ext. 101.