

**\*\*\*NEWS RELEASE\*\*\***

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**MARCH IS WOMEN'S HISTORY MONTH**

***American Heritage Girls* fosters leadership in girls with its 'G.R.I.T. with Grace' leadership program**

*AHG's robust curriculum shares Christ-focused servant leadership tips that are fun, interactive, and memorable*

CINCINNATI, Ohio — *American Heritage Girls* (*AHG*, [www.americanheritagegirls.org](http://www.americanheritagegirls.org))—one of the world's largest Christian, scout-type organizations—has long dedicated itself to building young women of integrity through service to God, family, community, and country. *AHG* offers hands-on badge programs, service projects, leadership opportunities, outdoor adventures, virtual connections and more, all while emphasizing Christian values and family participation.

*AHG* is dedicated to raising up godly young women as leaders in a broken culture. **Girls Rooted and Impacting Tomorrow (G.R.I.T.) with Grace**, one of *AHG's* many biblically based programs, seeks to empower young women to root themselves in Christ.

*Said AHG Founder and Executive Director Patti Garibay of G.R.I.T. with Grace, "In today's world, servant leadership is not easy. It's gritty, messy, and challenging. Servant leadership is not self-centered but Christ-centered, and it can feel uncomfortable at times. AHG developed this curriculum to teach girls to have both the grit and the grace to trust God—and to help them learn to lean into His power to lead others well, too."*

*Garibay added, "We are proudly empowering girls by teaching them the importance of rooting themselves in Christ and bearing godly grit, so that the fruit of the Holy Spirit is evident in their leadership style."*

[G.R.I.T. with Grace](#) is a dynamic *AHG* leadership program designed to bring effective girl leadership skills to local communities. Concepts are presented in "sessions," or units of study, and activities from which girls learn the importance of rooting themselves in Christ. They embark on the mission of bearing Godly grit, so that the fruit of the Holy Spirit is evident in their leadership style. Founded on *AHG's* Biblical Leadership Badge (one of its many outstanding badge offerings). **G.R.I.T. with Grace** takes Biblical principles and creates a fun, interactive, and memorable experience for all involved. It can be implemented in an event setting of each *AHG* Troop's choosing, such as a retreat or campout. Each relatable session has been created in "plug and play" format, so that *AHG* leaders can select and use the topics that best meet their Troop's specific needs. [G.R.I.T. with Grace](#) is also available for other groups and organizations focused on girl leadership.

Session topics for *AHG's* [G.R.I.T. with Grace](#) curriculum include the following:

- Everyone Can Lead
- Peer Influence

- Identity in Christ
- Vision Casting
- Heart to Listen

***Garibay concluded, “As AHG seeks to develop girls to be servant leaders in our ever-changing world, it is necessary to teach the godly grit required to persevere and finish the race well in God’s abundant power and grace!”***

***AHG*** has already received positive feedback about this program. Says one ***AHG*** Unit Leader about ***G.R.I.T. with Grace***, “I am so excited about this fun new curriculum. It includes games, breakout sessions, crafts, themed snack ideas, even supply lists. It’s all ready to go and our Troop can do little spotlights and perhaps even a leadership retreat. Our member girls are going to love this!”

***American Heritage Girls*** was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At ***AHG***, girls ages five to 18 meet together as [a single Troop](#) at the same time and then break out into Units by Levels. This gives ***AHG*** girls the important social experience of interacting with friends and godly mentors of various ages; members also learn leadership skills within a group setting. ***AHG*** Troops are located in [local communities](#) across the nation. If none exists in a given area, families can bring the ***AHG*** Program to their own area. An ***American Heritage Girls*** Troop Development Coach is available to provide resources to potential Charter Organizations and other families to form [a new Troop](#). To hear more about the purpose, mission, and vision of ***AHG*** from ***Founder and Executive Director Patti Garibay***, [click here](#).

Today, there are [Troops](#) in all 50 states and girls being served in 15 countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the ***AHG*** program alongside their parent. A variety of Christian denominations are also represented as [Charter Organizations](#) for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

The “***Raising Godly Girls***” radio feature and [Raising Godly Girls blog](#) shares guidance and biblically based advice on many key topics affecting girls today—from bullying and identity to anxiety and body image issues. It gives parents, educators, and faith community leaders a set of tools, resources, and Scripture-based advice to assist in raising girls after God’s own heart. The “***Raising Godly Girls Minute***” with [Patti Garibay](#) airs on 900+ Christian radio stations across the country.

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**To schedule interviews with spokespersons from *American Heritage Girls*, contact [Media@HamiltonStrategies.com](mailto:Media@HamiltonStrategies.com), Beth Harrison, 610.584.1096 ext. 105, or Deborah Hamilton, ext. 102.**

**To inquire about airing the “*Raising Godly Girls Minute*” with [Patti Garibay](#), contact [Michael Hamilton](#), 610.584.1096, ext. 101.**