

*****NEWS RELEASE*****

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American Heritage Girls Celebrates Its 26th Birthday Through National Day of Service

*‘Service Is Integral to Our Program:’ AHG Members Performed Nearly
420,000 Service Hours Last Program Year*

CINCINNATI, Ohio — Birthdays are for celebrating! And in the case of *American Heritage Girls (AHG, www.americanheritagegirls.org)*, one of the largest Christian, scout-type organizations in the world, birthdays are also about giving selflessly to others rather than receiving.

In honor of its 26th birthday (today, Sept. 13, 2021), *American Heritage Girls* is holding its annual National Day of Service on **Saturday, Sept. 18, 2021**. Each year on the third Saturday of September, *AHG* encourages its many Troops all over the country to join together to live out the *AHG* Oath in their own communities as they thoughtfully and faithfully give to others. *AHG* Troops are encouraged to plan an event for this National Day of Service, which enables them to serve their communities, Charter Organizations, and churches.

In addition to this special day, Troops perform service in their communities year round. In the last *AHG* Program Year ending May 30, 2021, girls performed 417,295 service hours across the country despite challenges brought on by the pandemic.

Says AHG Founder and Executive Director Patti Garibay, “As our Troop volunteers create their programming calendars for each Program Year, they’re encouraged to pray with their AHG Troop Board, Charter Organization, and the girls themselves to decide for whom and where their Troop can serve—and how to make an impact. Service has always been integral to our program—and I can’t wait to see all the good works that our Troops create this year, as they’ve been doing since our first National Day of Service in 2012.”

Garibay adds, “Throughout my tenure as a volunteer working with girls and now as a leader of volunteers who work with girls, one area remains constant: Girls love service. Girls grow emotionally and spiritually from serving. They become more compassionate and empathetic when they consider the needs of others.”

Garibay also notes “the many benefits community service provides to young people, as confirmed by research:”

- *Girls gain an increased sense of self-efficacy.*
- *They experience higher academic achievement and more interest in furthering their education.*
- *They strengthen their problem-solving skills and the ability to work with others in teams.*
- *They develop enhanced civic engagement attitudes and behaviors.*

AHG's mission is to build women of integrity through service to God, family, community, and country. It is dedicated to providing authentic, positive, and values-driven character and leadership development opportunities and outdoor adventure for girls across the nation.

American Heritage Girls was founded in 1995 by a group of parents who wanted this faith-based, scout-type character development program for their daughters. At **AHG**, girls ages five to 18 meet together as [a single Troop](#) at the same time and then break out into Units by Levels. This gives **AHG** girls the important social experience of interacting with friends and godly mentors of various ages; members also learn leadership skills within a group setting. **AHG** Troops are located in [local communities](#) across the nation. If none exists in a given area, families can bring the **AHG** Program to their own area. An **American Heritage Girls** Troop Development Coach is available to provide resources to potential Charter Organizations and other families to form [a new Troop](#). To hear more about the purpose, mission and vision of **AHG** from **Founder and Executive Director Patti Garibay**, [click here](#).

Today, there are [Troops](#) in all 50 states and girls being served in 15 countries around the globe. Girls can join a Troop at any time; if a Troop is not available nearby, they can become a [Trailblazer](#) and enjoy the **AHG** program alongside their parent. A variety of Christian denominations are also represented as [Charter Organizations](#) for Troops. Thousands of volunteer members across the country are helping girls grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

The **“Raising Godly Girls”** radio feature and [Raising Godly Girls blog](#) shares guidance and biblically based advice on many key topics affecting girls today. It gives parents, educators, and faith community leaders a set of tools, resources, and Scripture-based advice to assist in raising girls after God’s own heart. The **“Raising Godly Girls Minute” with Patti Garibay** [airs on 900+ Christian radio stations across the country](#).

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To schedule interviews with **Patti Garibay, Founder and Executive Director of American Heritage Girls**, contact Media@HamiltonStrategies.com, Beth Harrison, 610.584.1096 ext. 105, or Deborah Hamilton, ext. 102.

To inquire about airing the **“Raising Godly Girls Minute” with Patti Garibay**, contact [Michael Hamilton](#), 610.584.1096, ext. 101.