



***** NEWS RELEASE *****

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American Heritage Girls' Message to Parents: “God Called You; It’s Time to Answer the Call”

CINCINNATI, Ohio — Raising a Godly girl who is able to spread God’s love in our broken world is easier said than done. *“No parent should have to go it alone,” Patti Garibay, founder and executive director of American Heritage Girls (AHG, www.americanheritagegirls.org) writes in the [Raising Godly Girls Guide to Putting Faith Over Fear](#). “Finding a community of supportive, like-minded fellow believers is key to the success of your attempt at countering the culture.”*

“Supporting your girl in navigating stress and anxiety first starts with building up the confidence in yourself,” continues Garibay. “God calls the equipped, sure, but more often than not, God equips the called. For this, for your girl, God called you. It’s time to answer the call.”

In [Raising Godly Girls Guide to Putting Faith Over Fear](#) Garibay provides suggestions to prepare parents when answering the call, *“Dig into the Word, build a community (a virtual one is a great starting place, but don’t limit yourself there!), and lean on your trusted people when you need to. We are not meant to go it alone, after all, you know the age-old adage: it takes a village to raise a child. More good news? God’s Church is that village. As Christians, we belong to a centuries-old network of families raising their children in our faith tradition—look to your faith community and ministries to build your personal village.”*

In addition to the biblically-based parenting advice shared in the Raising Godly Girls Guide and [the Raising Godly Girls blog platform](#), the American Heritage Girls Program provides a community experience in a Troop setting. Girls benefit from Christ-centered friendships and mentors to assist them in becoming Godly girls.

American Heritage Girls was founded by a group of parents wanting a faith-based, scout-type character development program for their daughters in 1995. The *AHG* Program is dedicated to the mission of building women of integrity through service to God, family, community and country. *American Heritage Girls* across the nation and the globe participate in badge programs, service projects, leadership opportunities, and outdoor experiences, all with an emphasis on Christian values and family involvement.

Today there are Troops in every state and in 15 countries around the world through the [Trailblazer Program](#). A variety of Christian denominations are also represented as [Charter Organizations](#) for Troops. There are thousands of volunteer members across the country helping girls to grow in their faith, cultivate a heart for service, enjoy the great outdoors, and have more fun than they can imagine.

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To schedule interviews with *Patti Garibay, founder and executive director of American Heritage Girls (AHG, www.americanheritagegirls.org)*, contact Media@HamiltonStrategies.com, Marjorie Pratt, 610.584.1096, ext. 107, or Deborah Hamilton, ext. 102.