



**FOR IMMEDIATE RELEASE**

---

For more information and interview requests, contact:  
Coriá Tucker, Marketing Communications Specialist  
513.771.2025 Ext: 167  
tuckerc@ahgonline.org

---

## American Heritage Girls Opt-out of Receiving Birthday Gifts

*Christ-centered non-profit honors National Day of Service for its 24th birthday*

**CINCINNATI (Sept. 17, 2019)** – American Heritage Girls, Inc. (AHG) Troops will celebrate the ministry's birthday by gifting service to their communities for the National Day of Service (NDS) on Saturday, Sept. 21, 2019. This tradition flows from the organization's devotion to faith, service, and fun. National Day of Service falls closely around AHG's birthday which is Sept. 13.

For NDS, Troops and staff forego receiving traditional birthday “gifts” and instead give their time and resources by planning service projects for their Charter Organizations and local charities. Girls can earn AHG’s National Day of Service patch with their service.

Patti Garibay, AHG’s founder and executive director, said there is no better way to celebrate AHG’s birthday each year.

“Service is one of the foundational components of what it means to be an American Heritage Girl,” she said. “Our girls learn so much through their NDS projects and grow further into becoming women of integrity.”



Photo By: Kelly Pinkham

Past NDS projects have included facilities beautification, ornament-making for hospitals and sorting and prepping nonprofits’ clothing donations.

During the 2018-2019 Program Year, over 652,000 service hours were completed by girls across the country. To keep up with AHG service projects on social media, follow #AHGservices, #faithSERVICEfun and #NDS.

*American Heritage Girls is dedicated to the mission of building women of integrity through service to God, family, community, and country. Founded in 1995 in Cincinnati, Ohio, AHG has grown from ten Troops and 100 members to over 52,000 members across 15 countries and 50 states. Girl Members participate in Badge Programs, service projects, leadership opportunities and outdoor experiences, all with an emphasis on Christian values and family involvement. Follow AHG on [Facebook](#), [Twitter](#), [LinkedIn](#) and [Instagram](#).*