

# Internet Safety Pledge

**Our family agrees to surf safely and will obey the following rules:**

**Adults:**

I will maintain open communication with my children and let them know they can always come to me if they find something harmful on the Internet.

I will honestly talk with my children about the dangers of the Internet and do my best to protect them from harmful sites.

**Girls:**

I will not give out personal information such as my address, telephone number, parents'/guardians' work address/ telephone number, or the name and location of my school without my parents'/guardians' permission.

I will tell my parents/teachers immediately if someone makes me uncomfortable, or if I come across material that makes me uneasy. I will not respond to any messages that are mean or in any way make me feel uncomfortable. I will tell my parents/guardians right away so that they can contact the online service.

I will not meet with someone I have met online. I will discuss all conversations with my parents/teachers if someone keeps asking to meet with me. If my parents/guardians agree to the meeting, I will be sure that it is in a public place and bring my parent or guardian along.

I will not send pictures of myself or my family to someone I just met in a chatroom, message board, etc. I promise to check with my parents first before sending anything, since I cannot be sure that the person I am sending to is for real or not.

I will not download pictures or computer files from the Internet. These files may have viruses and could be harmful to my computer.

I will not believe everything I read online. I will confirm facts to ensure accuracy.

I will talk with my parents/guardians so that we can set up rules for going online. We will decide upon the time of day that I can be online, the length of time I can be online and appropriate areas for me to visit. I will not access other areas or break these rules without their permission.

If anything makes me feel uncomfortable online, while gaming or when using my cell phone, I will talk with my parents or guardian right away.

I won't say anything to anyone online that I wouldn't say to them in person.

**Everyone:**

I will not allow my time on the Internet to interfere with my family time or other responsibilities, such as homework, chores or work.

I will not give out any passwords to anyone outside the family, even to friends.

I will remember that even though I can't see the people I talk to online, they are real people. I will not be rude or mean to others online just because they are not in the room with me.

I will be cautious of what I see and whom I talk to online. I understand that not everything I see online will be true and that people I talk to may not always be telling the truth.

**Specific Rules for Our Family:** (Include rules pertaining to length of time allowed on Internet, what times of day, what sites are/are not allowed, rules on chat rooms, e-mail, etc.)

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Girl's Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent(s)/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_